Good Morning Ruby

Reflect on how you are currently feeling?

Anger
To fight against problems

Fear
To protect us from danger

Anticipation
To look forward and plan

Surprise
To focus us on new situations

Joy
To remind us what's important

Sadness
To connect us with those we love

Trust
To connect with people who help

Disgust
To reject what is unhealthy

Journal Entry:

The thing I am most looking forward to this weekend is....

Because...

Today's Routine: Friday 22ⁿᵈ October 2021

Morning Block

Recess

Middle Block

Lunch

Afternoon Block

Journal Writing

Reading
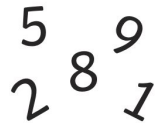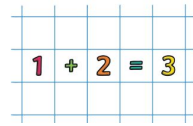
Crunch and Sip

Spelling

Word of the day

Writing

5 9
2 8 1
Number of the day

1 + 2 = 3
Mentals

PDH/PE

Reading and Comprehension: Super Six Focus- SUMMARISING

Reading

Crunch and Sip

Summarising

Description
Learners identify and accumulate the most important ideas and restate them in their own words.

WALT
We are learning to...

WILF
What I'm looking for...

Example questions/statements

Can you retell the story? eg Who were the main characters, setting and sequence of events?

What did you learn from this informative text?

If you were to tell another person about the text, how would you describe it in a few sentences?

Using getepic.com choose a book that interests you and challenges you.
Read for 10 minutes. I will check student logs each day.
After you read, I want you to idenfity the most important parts of the story, then SUMMARISE in to a few sentences what you read to a family member.

Login info for Epic!
Using your device download the app or go to the website: getepic.com
Class Code: **nng8295**

Class Log In Instructions

Laptops	iOS/Android

Have your students open up their web browser and

1 Go to **www.getepic.com/students**

2 Enter class code **nng8295**

3 Select their name
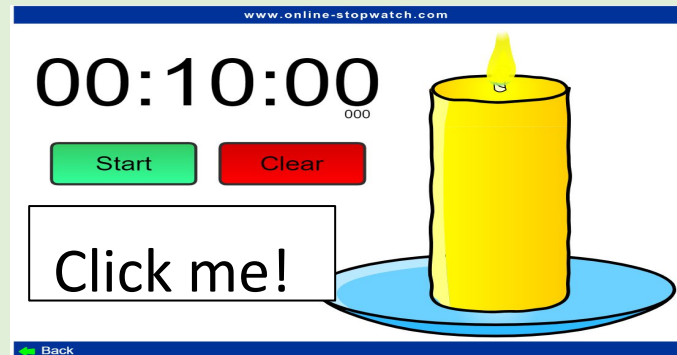**View and edit class roster**

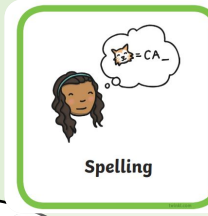## Class Log In Instructions

Laptops	**iOS/Android**

After opening the Epic app, ask students to:

1 Tap on "STUDENTS"

2 Enter class code **nng8295**

3 Select their name
View and edit class roster

www.online-stopwatch.com

00:10:00 000

Start   Clear

Click me!

Back

Spelling Task

Write and Check

1. Ask a family member to read out your spelling words and you write them down.

2. Now look back at your spelling words with your spelling list and edit yourself in a different colour pen/pencil.
   *How did you go?
   *If you made any mistakes, do you know where you went wrong for next time?

3. Take a photo and upload to SeeSaw after you complete tasks 1 and 2.
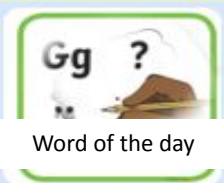
Word of the Day:
Select a different word from your spelling list

Gg ?
Word of the day

Segmenting:

Syllables: _____

Consonants: _____

Vowels: _____

Sounds: _____

Graphemes: _____

_____ - _____ - _____

Definition:

Part of speech:
- ❑ noun
- ❑ verb
- ❑ adjective
- ❑ adverb

- ❑ conjunction
- ❑ connective
- ❑ other

Antonym:

Synonym:

Sentence: (Put word in to an interesting sentence using correct parts of speech nd punctuation)

Writing- Sentence of the Day

WALT We are learning to...

Understand what synonyms and use the correct synonyms in our writing

WILF What I'm looking for...

Sentences using synonyms to improve our writing

Don't forget!!! Synonyms are words that have the same or almost the same meaning. E.g. sad- upset, unhappy. Make your sentences interesting by using interesting synonyms and descriptive vocabulary.

Using the ideas you gathered Tuesday's in the synonym boxes, write a simple sentence using the word 'under' in the first box. Now make your sentence a stronger and richer sentence by using the synonyms you gathered for 2 additional sentences.

under

1st synonym

2nd synonym

Grammar & Punctuation
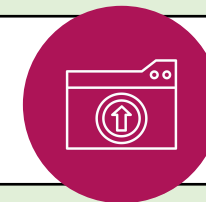
Write the correct sentence underneath by adding capital letters, full stops, commas and question marks.

1. on monday i will be coming back to school and learning with my friends in the classroom again

   _____

2. the boy asked his father if he could go and play football across the road with his friends

   _____

3. why is it that every time i eat an icecream you ask for one too charlie asked sam

   _____

4. if you change your mindset you have the ability to change your whole world

   _____

Writing

Find and underline these language features in the following informative text:

• subject-specific vocabulary (red)

• adjectives describing nouns (blue)

• time connectives (green)

• comparative language (purple)

Cyclones are intense tropical storms with powerful winds and heavy rain. They can also be referred to as hurricanes, typhoons or tropical depressions.

Cyclones usually begin over warm seas where there is low atmospheric pressure. Then, the moist air begins to spiral into a strong storm. Once crossing over onto land, cyclones typically become weaker. When they move away from the water, they are cut off from their energy source.

Cyclones have three parts: the rainbands, the eye and the eyewall. Weather in the eye of a cyclone is usually calmer than on the outside. The diameter of the eye is around 50 kilometres (30 miles) in length, but can sometimes be even larger.

Cyclone intensity is measured by the storm's wind speed, on a scale of 1-5. The strongest cyclones are known as category 5 and can move faster than 300 km/h (180 m/h). When the winds begin, they can cause intense damage, such as ripping trees from the ground and flattening buildings.

Cyclones can cause widespread destruction. When these storms occur, people living in cyclone-prone areas must know how to keep themselves safe.

RECESS

Whole Number: Number of the Day

Roll either a die or select playing cards to create your 3, 4 or 5 digit number day. Don't forget to try and challenge yourself! Upload your worksheet on SeeSaw

in words:

_____

_____

Represent the amount in dollars and cents

$_____ . _____ c

What is the value of the digits in the...?

1s column _____

10s column _____

100s column _____

1000s column _____

Round to:

the nearest 10: _____

the nearest 100: _____

the nearest 1000: _____

Today's Number Is...

<, > or –

42 × 10 × 1 [ ] today's number

Where is it? Draw an arrow on the number line:

```
0      1000    2000    3000    4000    5000    6000    7000    8000    9000    10000
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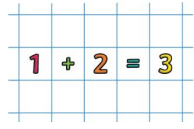
complete the sequence:

-1000 → Today's number → +1000 +1000

_____   _____ _____

Subtract 745: _____

Add 6719: _____

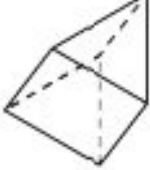Write out a problem with the answer being your number of the day and ask someone to try and solve the question

Maths Mentals
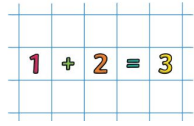
Please complete the <u>same colour list</u> that you would if you were in class.

PURPLE

1. 43 + 51 = _____

2. 96 – 65 = _____

3. 45 ÷ 5 = _____

4. 6 x 9 = _____

5. 44 ÷ 4 = _____

6. Round 69957 to the nearest hundred. _____

7. Write these numbers in descending order: 58471, 15346, 18000, 50616, 29424, 95412. _____

8. Complete this counting pattern: 20, 28, 36, 44, ____, ____, ____

9. Complete this counting pattern: 60, 67, 74, 81, ____, ____, ____

10. What is the sum of 81 and 30? _____

11. Double 26 = _____

12. What is the price after taking 50% off $55? _____

13. What is 1/8 of 8? _____

14. What is 1/8 of 24? _____

15. Write these decimals in ascending order: 0.67, 0.68, 0.23, 0.43 _____

16. Write these decimals in descending order: 0.29, 0.23, 0.70, 0.65 _____

17. 144 hours = _____ days

18. The length of a rectangle's sides are 2cm and 7cm. What is its area? _____

19. How many vertices does a triangular-based prism have? _____

20. Imagine these stars are in a bag. What is the probability of pulling out a black star? _____

Maths Mentals

Please complete the <u>same colour list</u> that you would if you were in class.

YELLOW

1. 22 − 9 = _____

2. 70 + 60 = _____

3. 48 + 22 = _____

4. 4 x 9 = _____

5. 66 ÷ 6 = _____

6. Is 585 an odd or even number? _____

7. Complete this counting pattern:
48, 52, 56, 60, _____, _____, _____

8. If 114 cars are parked, 89 are yellow and the rest are pink, how many are pink? _____

9. What is the product of 5 and 8? _____

10. 10 cents + 5 cents + 20 cents = _____

11. 10 cents + $2.00 + 20 cents = _____

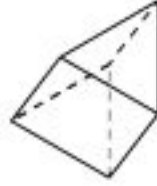12. What digital time does the clock show? _____

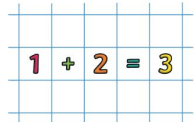13. How many weeks is 63 days? _____

14. What is the name of this 3D object? _____

15. Which circle has the highest chance of being selected? Black or white? _____

Maths Mentals

Please complete the <u>same colour list</u> that you would if you were in class.

GREEN

1. 13 + 58 = _____

2. 99 − 4 = _____

3. 41 + 79 = _____

4. 60 ÷ 10 = _____

5. 21 ÷ 3 = _____

6. 9672 is an even number. True or false? _____

7. Complete this counting pattern:
86, 88, 90, 92, _____, _____, _____

8. If 181 cars are parked, 90 are light blue and the rest are blue, how many are blue? _____

9. Share $98 between 2 children. _____

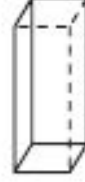10. 10 cents + 5 cents = _____

11. Colour in an eighth of these circles.

12. Colour in a quarter of this shape:

13. How many hours in a day? _____

14. How many faces does a rectangular prism have? _____

15. Which circle has the highest chance of being selected? Black or white? _____

Maths- Number- Multiplication

Practice your 4 times table. Either write them down, say them out loud or ask an adult to quiz you with some 4 times table questions.

e.g. What does 4x1=

What does 4 x _ =28

Maths - data

Watch this video to learn about averages: https://www.youtube.com/watch?v=dPmQS4eSsBw

Find the averages of these numbers:

6, 2, 6, 4, 8, 4

Add the numbers together =   Divide it by the number of pieces of data =

Find the averages of these numbers:

12, 24, 6, 9, 9, 3, 14

Add the numbers together =   Divide it by the number of pieces of data =

Maths - data

WALT
We are learning to...

Find the average from a set of data

WILF
What I'm looking for...

Follow the steps to find the averages

Find the averages of these numbers:

33, 21, 34, 12

Add the numbers together =   Divide it by the number of pieces of data =

Find the averages of these numbers:

42, 12, 10, 80, 77, 36, 21, 42

Add the numbers together =   Divide it by the number of pieces of data =
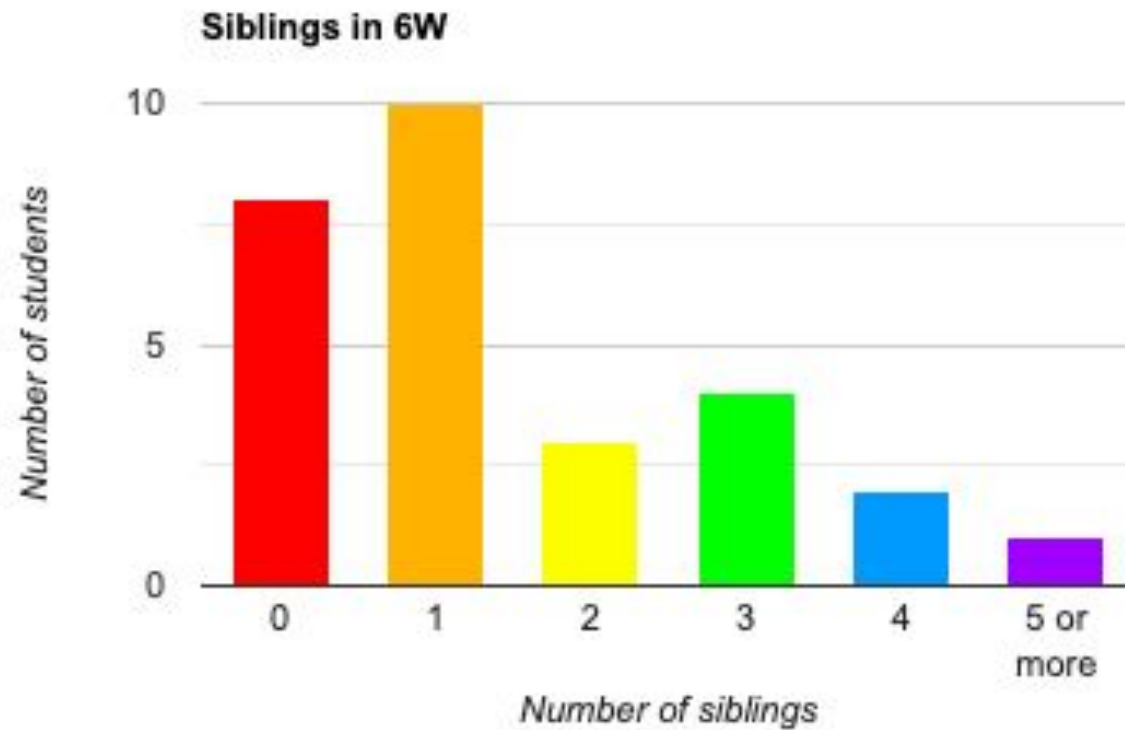
Find the averages of these numbers:

330, 312, 657

Add the numbers together =   Divide it by the number of pieces of data =
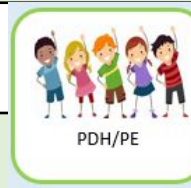
Maths - data

Using the graph below you will need to find the AVERAGE number of siblings in the imaginary class of 6W.

LUNCH

PE

Complete each fitness task for 30 seconds.
Challenge yourself and try and repeat all tasks 2-3 times

Frog Jump

Key Points
- Squat down like a frog
- Jump as high as you can
- Repeat this acrost the room

Bear Walk

Key Points
- Extend legs straight
- Head down

Crab Walk

Key Points
- Bottom up for level stomach as the child is able
- Feet under knees

Caterpillar Crawl

Key Points
- Start in downward dog
- Walk hands out to plank
- Walk feet up to downward dog

Kangaroo Jump

Key Points
- Feet together
- Hands to chest
- Small jumps with both feet
- Jumps with hands stationary

Superman Pose

Key Points
- Head up & looking forward
- Arms extended forward
- Feet & knees extended off the ground
- Knees are straight, not bent

Dead Bug Pose

Key Points
- Knees pulled to stomach
- Arms crossed at chest
- Head up, chin to chest

Cobra Pose

Key Points
- Lying prone on ground
- Press feet & thighs to floor
- Straighten arms while lifting off the ground
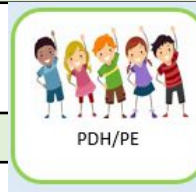
Cat/Dog

Key Points
- Go on hands & knees
- Hands under shoulders & knees under hips
- Inhale looking up to the sky
- Exhale looking down to knees
- Maintain positioning throughout

Bird/Dog

Key Points
- Go on hands & knees
- Hands under shoulders & knees under hips
- Opposite arm & leg are extended
- Child balances in this position

PDH/PE

WALT
We are learning to...

Be able to identify our emotions.

WILF
What I'm looking for...

Identifying and expressing emotions appropriately.

Watch the following link to assist with today's lesson before completing the following slides.

https://drive.google.com/file/d/16_o408rj6_qTnfX-yN1Dt8RQ_H6GKipI/view?usp=sharing

Describe an experience related to each emotion/feeling, eg worried – When my dad was in hospital.

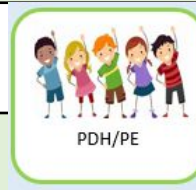ANXIOUS   ARROGANT   BASHFUL   BLISSFUL   BORED   COLD

EXASPERATED   EXHAUSTED   FRUSTRATED

Press pause to complete the activity.

Describe your own feelings...

▶ Describe something that makes you feel good. (This may be a person, place or activity.)

▶ List some words to describe the feelings and emotions this creates.

▶ How can you help yourself manage negative feelings?

▶ What could you do each day to create some positive feelings?

Press pause to complete the activity.
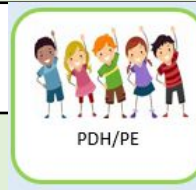
Interview a family member...

▶ What is one of your happiest memories from your childhood?

▶ What things made you feel unhappy or angry when you were a child?

▶ What do you do each day to make yourself happy?

▶ What can you do to help overcome negative feelings?